



UPK At-Home Learning Activities Calendar

WEEK OF MAY 25-29

THEME: BUGS & INSECTS

MORNING

MEMORIAL DAY RECESS

M

DISTRICT CLOSED

AFTERNOON



1. **Bug Yoga: Ant Pose:** Start out on your hands and knees. Reach your right arm in front of you. Reach your left leg behind you. Hold. Repeat on the opposite side. Continue repeating side to side. **Here are a couple of other poses to try:**



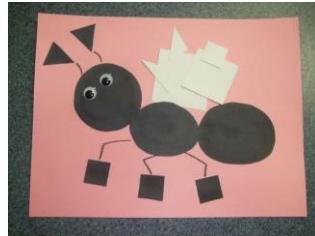
2. Listen to a story about insects.
<https://www.youtube.com/watch?v=qFZMoBbyu8M>

T

1. Build an obstacle course and crawl under chairs like an ant or “fly”/jump over blocks like a dragonfly or a fly.
2. Write letters on the driveway/sidewalk. Have someone call out a letter you made. Using a fly swatter, “hit” the letter they call out.

1. Draw a picture of an insect from this morning’s story. Does it have wings? How many? Does it have legs? How many? (insects have 6 legs and 3 body parts ☺)

2. Make an ant by drawing and cutting out triangles, circles and squares.



W

1. Write your first and/or last name in large letters. Use cereal, beans or other small objects as “bugs” to place on top of the letters. Say each letter as you place the bugs.
2. An interesting-looking insect is the walking stick. It looks like a stick! Can you find a stick outside that looks like a walking stick?



T

1. **Bee Pollen Race:** Gather pom poms, ping pong balls, or even rolled up socks to act as pollen and place them in a basket or pile. Using a spoon or tongs or tweezers of some kind, carry each individual piece of pollen across the room and drop it in another basket or bowl. You are the bee transferring pollen and the baskets are the flowers. Add fun ways to move in between the baskets – run, buzz, tip toe, leap, walk backwards, etc.



2. Clap out the following words. How many syllables does each word have?

Ant, grasshopper, stinkbug, butterfly, snail, fly, ladybug, insect

F

1. **Preschool Learn to Dance: Bugs and Crawly Things**
<https://www.youtube.com/watch?v=hUbYq93cYdE>

2. Enjoy a good book with a stuffed animal, pet, or family member. If you can, send a video or picture to someone you love showing you reading.

1. **Look out the window** or if it is a nice day, go outside and sit under a tree. Draw what you see, hear and smell.
2. **Draw ladybugs:** draw three or four large circles on a piece of paper with a line down the middle of each. Draw a head and six legs on each bug. Draw spots on the ladybug. Count the spots on one half of the ladybug. Then count the spots on the other half. Now, count the spots altogether and write the number.
[For example: $4 + 3 = 7$ spots]

1. Make a pair of **binoculars** from toilet paper tubes tied or rubber banded together. Go on a **bug hunt** outside. What insects can you find?



2. **Ant Experiment:** Gather up a few bits of food--scraps from breakfast or lunch--and place them on the sidewalk or edge of the driveway, but not too close to your house. What kind of food do you think ants will enjoy the most? Make a hypothesis! Set out 2 or 3 small pieces of food and see which one the ants like best.